

When kids ask “the” questions . . .



Interrelate has the answers!

Interrelate’s high quality sexuality and relationship education program is coming to Cessnock East Public School! With more than 85 years’ experience in this field, Interrelate has a reputation for providing excellence in sexuality and relationship education. Today over 35,000 students and family members participate in Interrelate school and family programs each year.

Many parents find it hard to discuss or answer questions relating to sexuality education . . . ***We know how to ‘help break the ice’.*** Interrelate programs are interactive, family focused and presented in the context of caring relationships. Our fully trained and experienced educators, who adhere to a strict code of ethics, conduct the program.

Session 1: “Where Did I Come From?”

1 hour – Years 3, 4, 5 & 6

In this session children are eager to learn more about how their bodies work and the differences between males and females. This session extends their understanding of conception, fertilisation, foetal development and the birth process.

Session 2: “Preparing for Puberty”

1 hour – Years 5 & 6

This session helps to prepare children and parents/caregivers for the physical, social and emotional changes associated with puberty. Changing emotions and relationships with families and peers are addressed. Information is also presented on menstruation and wet dreams.

You and your child will benefit from the information presented in this program. The feedback is overwhelmingly positive. What parents have said about us:

“The educator has a great way of putting things simply” *“Provided me with a solid foundation”*
“Covered areas I hadn’t thought of talking about” *“Entertaining and informative”*

Interrelate SCHOOL SERVICES presents A SPECIAL EVENING PROGRAM

FAMILY ADMISSION: 1 session \$25 per family • 2 sessions \$30 per family
(cost to the school, inclusive of GST, is \$27.50 and \$33 respectively)

Where: CESSNOCK EAST PUBLIC SCHOOL

When: Wednesday, 8th May 2013

Time: 6:00 pm SHARP (*“Where Did I Come From?”*) 7:15 pm (*“Preparing for Puberty”*)

Please Note: Speciality books are available for purchase on the night.

----- Please complete and return to the school office, with payment in an envelope labelled with student’s name and class -----

A SPECIAL EVENING PROGRAM

Name of Family:

No. attending: **Session 1: “Where Did I Come From?”** **Session 2: “Preparing for Puberty”**

Amount enclosed: \$ Cash Cheque (*please make cheques payable to school*)

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